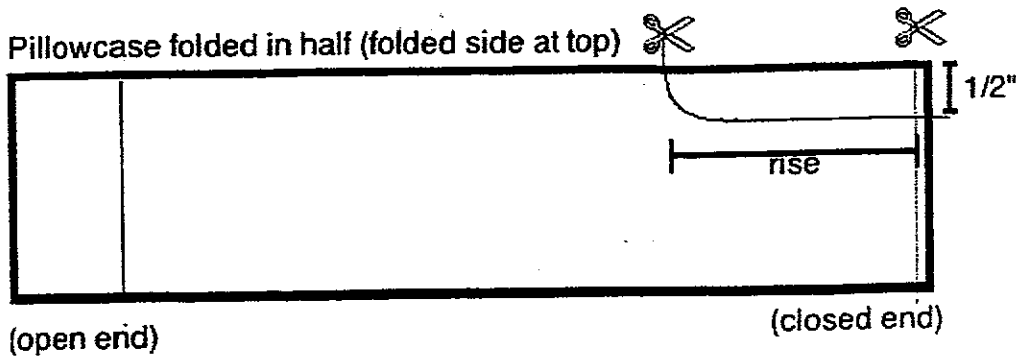
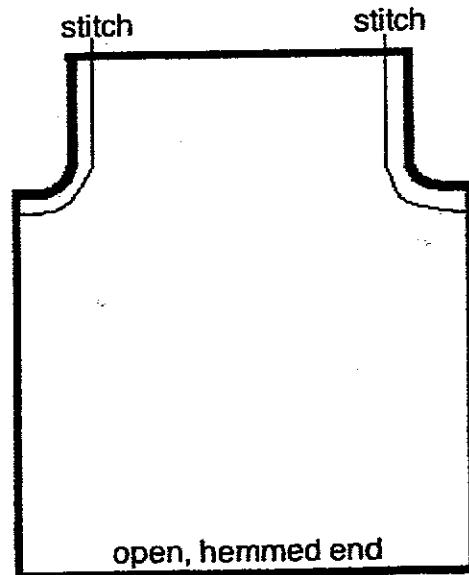


Instructions:

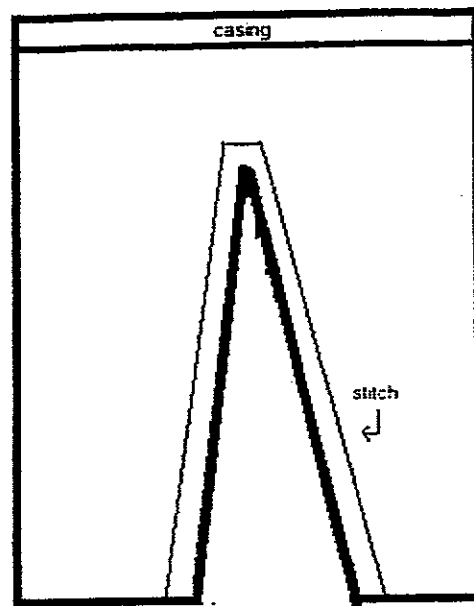


1. Fold your pillowcase in half and iron the fold to make a visible crease.
2. Lay the pillowcase flat with the ironed fold facing AWAY from you and the open end of the pillow case to your left.
3. Measure the length of the rise (say 11") from the closed end of the pillow case and mark it with a small line on the folded edge.
4. Next, measure in a distance of 1.5" from the folded edge (see picture) and make a mark. Draw a line 1.5 inches in from the folded edge. The line should go from the closed end of the pillowcase to the mark you made for the rise. Curve the line at the end to make sort of "J" shape. Please see picture for clarification, as this is difficult to explain with words.
5. Cut off the top (closed portion of the pillow case)



6. Cut out the "J" shaped area you marked for the rise.
7. Open your pillowcase and cut it along the ironed crease to make two pieces.
8. Open up the two pieces.

9. Lay them on top of each other so that the patterned sizes face each other. In other words, lay the first piece down right side up, then lay the other piece on top of it to match, right side down. (It helps to pin these pieces together to keep them in place) Sew along the cut out crotch area (you should have one on both the



left and right sides of your pinned together pieces)

10. Now, leaving the pants inside out, rotate the fabric so the seam of the crotch is now in the middle and the pants start to actually look like pants!
11. Line the fabric up on the pant legs and pin in place.
12. Sew the inside seam of the pant legs, up one side and down the other.
13. Now (still inside out), fold down the waist of the pants about 1/2 inch all the way around, iron this fold, then fold down again another inch and iron. This creates a little "tunnel" or casing for the drawstring or elastic.
14. Sew just above the first fold all the way around, starting in the center (the rise) leaving a one inch opening (if using elastic).
15. You can finish these pants two ways: elastic waist or drawstring waist. For the elastic waist, thread a length of elastic all the way through your casing. Once you've decided on the appropriate length of elastic, sew the ends together and sew up the one inch opening in the casing. For Drawstring waist, you'll have to make some "exit holes" on the front of the pants for the drawstring and then insert a long piece of fabric or grosgrain ribbon into casing.

If you want the pants to be longer, you can add more fabric at the bottom. For shorter pants, just cut more off at the top of the pillowcase (step 5).

Please, please, please let me know if you have any questions. I finished this post up late at night, so there is likely some confusing parts or errors.