



Recruiting Participants for a Research Study

Goal of the Study

Examine physical activity levels in individuals with Type 2 Diabetes

We are Recruiting

- Individuals with Type 2 Diabetes
- Individuals without Type 2 Diabetes

Qualified Participants

Will be asked to:

- Wear wrist watch activity monitor (Fitbit) every day for 13 weeks
- Complete questionnaires on physical activity, nutrition and lifestyle

Will receive:

- A Fitbit to wear to measure your daily physical activity
- Insight into your current physical activity levels
- Compensation for their participation

You May be Eligible if You:

- Are 65-80 years old
- Have a smartphone or tablet
- Are NOT diagnosed with a neurological condition or disorder
- Do NOT have any foot ulcers
- Do NOT have any amputations
- Do NOT currently have cancer or recently underwent cancer treatment
- Are NOT legally blind
- Do NOT have Type I Diabetes



If you are interested contact us!

- Email: caduncan@mtu.edu
- Phone: 906-487-2147
- Visit our website:
<https://sites.google.com/mtu.edu/type2study/home>

