



Faith Lutheran Church
 Evangelical Lutheran Church in America
 God's work. Our hands.

FAITH'S FOUNDATIONS

November 2022

Working to spread the Gospel here and throughout the world.

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Pastor Catie's Hours: Monday – Thursday, 9:30 am to 12:30 pm or by appointment

Office Hours: Tuesday – Thursday 9:00 am to 1:00 pm



FROM PASTOR CATIE



***“Be still and know that I am God!
 I am exalted among the nations; I
 am exalted in the earth. The LORD
 of hosts is with us; the God of
 Jacob is our refuge.”***

- Psalm 46 NRSV

As winter quickly approaches, I find myself rushing. I am trying to plan for Advent and Christmas. I am frantically working to beat the holiday rush as I shop for Christmas gifts that will need to be mailed to family members. I am scrambling as I try to prepare for what training for a marathon will look like when it is too cold and snowy to run outside.

It feels like the world is spinning as I rush to what is coming down the road. Time doesn't appear to be slowing down,

and I never seem to have enough of it. Perhaps you find yourself feeling a similar way.

In the midst of this rushing, I noticed that I needed a moment to take a breath. When doing so I was drawn to the verses above. A busy time of year full of time with loved ones and celebrations is right around the corner. Yet, we have this time to be still. To be present with God and find sanctuary knowing that the Lord of hosts is with us every step of the way.

So, this month I encourage you to take time to enjoy the final leaves of fall, the crisp autumn air, and rays of sunshine. To sit with Psalm 46 and what it means to be still and feel God's presence.

Peace,
 Pastor Catie

From the President...

It was my honor to attend the Headwaters Conference Business Meeting this past Sunday which was held at Prince of Peace Lutheran Church in Eagle River. Pastor Catie and Gretchen Dobbins were also in attendance representing Faith Lutheran Church. It was beneficial for me to see that our congregation belongs to a much larger body of Christians. We are one congregation of 79 in our Synod divided up into 8 Conferences. 16 lay people represent those congregations on a Council of the Synod. It is a real eye opener to see how we fit into the larger picture of the church here in our part of the world. I was able to talk with Dr. Matt Johnson from Rhinelander Immanuel who is one of our representatives the last couple of years on the Synod Council and was fortunate to attend a Regional Conference of close to 900 representatives from many congregations in the Midwest. He felt it to be very impressive to see the work that is being done in the church. I think the take-away here is that we need to remind ourselves that we are a part of a much bigger work that reaches beyond the boundaries of our Northwoods. It is so good that Faith continues to support the good causes that are in our area and that money we send to the Synod is passed on to the ELCA to be used for relief in the various parts of the world that continue to need the help of our Church.

As November starts and some of us start to get excited about the upcoming deer season and our annual trip to deer camps, we should also be thankful for our own Pastor Catie as she approaches her 1-year anniversary as our Pastor. We are so thankful that she accepted our call a year ago. The Pastoral Support Committee will be sitting down with Pastor Catie for her annual review in the early days of November. Work on our Constitution will also begin. We have been assigned a Synod representative who will help us through this process as we update certain provisions in our existing Constitution.

We hope you support the upcoming Cookie Walk scheduled for Dec 3. This is a new activity and with the popularity with cookies that we all share should be a great success.

The Council continues to work for you in all things, and we ask for your prayers and support as we go about the business of our congregation.

Robin Peterson



WILDERNESS WALK

NOVEMBER DATE/TIME TBA

We are planning our monthly exploration into the wilderness led by a local guide who will share different species of conifers with us- more details will be posted soon.

NATURE PRAYER SERVICE

SUN. NOV. 27 / 4PM / MORGAN CHAPEL

Our Nature Prayer Service is our time to gather in community. What to expect: Welcome to our Bioregion, Passing the Peace, Wilderness Reflection, Wander & Ponder, Sharing Circle, Shared Prayers & Incense, Closing Poem. Community time to mingle with tea & snacks. Introvers welcome. Meeting location will be announced

Grief and Gratitude —Living with Balance

By Pastor Jim Duehring, Assistant to the Bishop

Several years ago, I came across this little citation by the author and psychotherapist, Francis Ward Weller. I liked it and saved it for future reference. Like many things I read and save, I don't immediately come back to them. But now, a few years later, I think it's time to reflect on Grief and Gratitude.

Francis Weller wrote:

“The work of a mature person is to carry grief in one hand and gratitude in the other and to be stretched large by them. How much sorrow can I hold? That's how much gratitude I can give. If I carry only grief, I'll bend toward cynicism and despair. If I only have gratitude, I'll become saccharine and won't develop much compassion for people's suffering. Grief keeps the heart fluid and soft, which makes compassion possible.”

These words strike me as being very realistic and theologically sound. We've all experienced a whole lot of grief during the past couple of years because of the pandemic. Some of you may have lost a job. Some of you may have lost a loved one to COVID-19. Grief can intensify our sense of differences. We compare losses and judge others. “My loss is greater than your loss.”

But grief doesn't have to lead to cynicism and distrust of others. Grief can be seen as part of our common humanity. No one escapes this life without some pain and loss. Theologians speak of the theology of the cross. The cross shows us that Jesus intimately knew pain and loss. Jesus wept when his friend Lazarus died. Jesus experienced betrayal by his best friends. Jesus felt the sting of the whip and the crown of thorns thrust down upon his head. The writer of Hebrews says of Jesus, “For we do not have a high priest who is unable to sympathize with our weaknesses.” (Hebrews 4:15a NRSV)



The theology of the cross speaks honestly of the realities of sin and brokenness in our world. This sin and brokenness are not only experienced on the individual level but also on the systemic level. “We know that the whole creation has been groaning in travail together until now.” (Romans 8:22 RSV)

The Hebrews speak of the pathos of God. God is moved by human suffering. God is with the children of Israel when they go down into slavery in Egypt. The Psalmist says, “You

have kept count of my tossings; put my tears in your bottle. Are they not in your record?" (Psalm 56:8 NRSV)

The suffering of the Hebrews as slaves in Egypt was not meant to be interpreted only as a painful memory. Because of the experience of slavery and the experience of God's pathos and redemption, the Hebrews were charged to show compassion to the foreigner in their land. "You shall not deprive a resident alien or an orphan of justice...remember that you were a slave in Egypt and the Lord your God redeemed you from there; therefore I command you to do this." (Deuteronomy 24:17 NRSV)

Grief rightfully dealt with can lead to compassion rather than the lethargy of bitterness and despair.

Gratitude rightfully expressed can bear us up during times of grief and empower us to show compassion to others. Being thankful for discovering that new patch of blackberries doesn't have to mean you don't care about what's going on in Ukraine. Enjoying a good hearty meal doesn't have to mean that you are neglectful of those hungry in Afghanistan.

Eat, drink, be merry. Be grateful. Remember the source of all good things. The Lord God has given you blessings so that you might bless others. And yes, God can even redeem the things in life that you grieve and use you to be a blessing to others. Thomas Merton wrote of a Christian's capacity to be a "wounded healer." May that be said of us all be in the days ahead as we balance genuine grief with compassionate gratitude!

Advent Bible Study Coming Soon

"Yearning for Awakening" is a daily Advent study. Activities each day will focus on awakening our mind and souls to the biases which have developed over our lifetimes. When we acknowledge we hold a bias, we can actively work to change them if they harm our neighbors. On December 21, the longest night, we invite you to join in a Blue Christmas service livestreamed from First, Gladstone as we incorporate our learning from the season and await the celebration of our Lord Jesus' birth.

Congregations are invited to participate in the Advent study or individuals are invited to participate with folks from across the Synod in a weekly cohort. More information and cohort registration coming soon!





Monthly Metta Meditation Group

ZOOM

Tuesday, November 8, 6:00 – 7:15 p.m.

This is a monthly meditation group that meets on the Second Tuesday of each month until May 9, 2023

Registration Fee: Freewill Offering

Feeling anxious or depressed? You aren't alone. Psychologists report that anxiety and depression are afflicting more Americans, particularly since the pandemic upended life as we knew it. One science-backed way to ease anxiety, depression, anger, and fear is to meditate. We'll practice loving kindness meditation (or Metta), which produces compassion for others and ourselves. Throughout the months, we will also engage in a variety of other meditative practices so that participants can find what works well for them. Join us on the Second Tuesday every month. Questions, please contact Grant, gvanlishout@fspa.org or 715-385-3750

Kathy Carlson is Professor Emerita of English and Lecturer in Physical Education at Franklin College in Indiana. She has taught mindfulness meditation formally at the college since 2013.

Facilitator: Kathy Carlson

Register for the first session by Tuesday, November 1



Who am I? A Look at the Enneagram

ONSITE

Monday, November 14, 9:30 – 11:30 a.m.

Registration Fee: \$20

Who am I?" is one of the biggest questions we ask ourselves. There are many ways to answer this question and many tests to help you out. One such test is the Enneagram, which is based on 9 different personality types. This program is

an introduction to the enneagram and what it can offer in discovering who you are. Upon completion you will know what someone means when they say, "I am a nine...what are you?"

Register by Monday, November 7

Facilitator: Grant Van Lishout



Grief & the Holidays

ONSITE

Wednesday, November 16, 10:00 a.m. – noon

Registration Fee: \$20

Grieving is painful, especially during the holidays. No matter how long it has been since a loved one has died, the holidays bring grief to the forefront of our minds and hearts, and those grieving can find themselves with many conflicting feelings, thoughts and longings. Let's explore things we can do to make the holiday season easier when our hearts are hurting.

Register by Wednesday, November 9

Facilitators: Amy Kitsembel and Pat Pintens

[Amy is a bereavement coordinator for Aspirus Comfort Care and Hospice Services.]



WWW.GOD: Women Wrestle with God

ZOOM

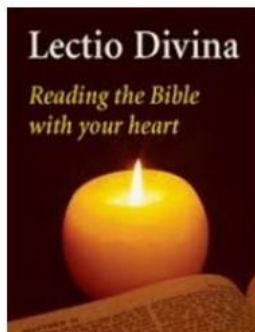
Monday, November 21, 9:30 a.m. – 11:30 a.m.

Registration Fee: \$20

We are neither unusual nor alone if we find ourselves wrestling (struggling) with God. Some well-known and not-so-well-known biblical women also wrestled with God. Let's explore and learn from their stories, share some of our own, and grow in faith and wisdom together.

Register by Monday, November 14

Facilitator: Pat Pintens



Advent Lectio Series

ZOOM

Tuesdays, November 22 & 29, December 6, 13 & 20, 6:30 – 7:30 p.m.

Registration Fee: Freewill Offering

Lectio divina is an ancient way of reading, pondering and praying the scriptures or other spiritual writings. Let's read, ponder, and pray together the Advent Sunday scripture readings and discover new insights for our daily living as we prepare for Christmas.

Register by Thursday, November 17

Facilitator: Pat Pintens



I Arise Today

– Macrina Wiederkehr

I arise today with autumn in my soul:
waters of wisdom
graceful aging
transforming colors
crunching leaves
fruitful harvest
sweet surrender
life-giving death.

This is my inheritance in this vibrant new season.
I arise today in the breath of autumn.

ANNOUNCEMENTS



FACEBOOK

It's true! Faith Lutheran Church now has a Facebook page. "Like" us at <http://www.facebook.com/faith3lakes/> and watch the page for updates about what's happening in the life of our faith community.



LIVE STREAMING

Did you know that when you're away, you can watch the entire service as it's delivered LIVE on Sunday morning? You can! Simply go to our church's website (<https://www.faithlutheran-threelakes.org/>) and click "Click here to watch live streaming during worship (Sundays at 9:00 am)" right on the front page. Just put in a name and hit "Enter Live Service". Streaming will start which usually happens around 8:55, 9:00 am, give or take a few minutes, so if nothing is happening yet when you start watching, just

wait a few minutes. You can also watch a recording of many of our services on our website. Simply go to our church website and click "Click here to view recordings of worship" to watch any past services. It's that easy!

QUILTING

Quilting is back in session! Please join us every Wednesday at 12:30 pm in the lower level of the church. No experience necessary!

ONLINE GIVING

You can support our mission easier than ever with our donation platform! You can visit <https://secure.myvanco.com/YHQE/home> and contribute securely online. Thank you for your continued support!

BIBLE STUDY

Bible Study is offered following Sunday church services EVERY Sunday! All are invited and welcome to attend! No bible required! Please join us for some lively discussions!

BAPTISMS WE REMEMBER THIS MONTH



We remember All Saints Day with the many saints who have gone before us.

But the saints are not all departed. They are among us. For in our baptism God has chosen us to be his people, and that's what it means to be a saint!

During November, remember that through our baptism you are a saint of God. Celebrate and

remember in your prayers your brothers and sisters who have an anniversary of baptism this month.

- 16th Lee Klauk

Also remember: Brian Erikson and Jim Nykolayko

MONTHLY OFFERING AND ATTENDANCE

Year: 2022
Month: September
Number of Sundays: 4
Average in person: 26
Average online: 17

JUNE 2022	MONTH	YTD Sep. - Aug.
Income	\$6,871	\$78,326
Expenses	\$9,888	\$77,202
Net	- \$3,017	\$1,123

JULY 2022	MONTH	YTD Sep. - Aug.
Income	\$5,570	\$84,376
Expenses	\$7,064	\$86,801
Net	- \$1,493	-\$2,425

*** This will be provided on a quarterly basis



IN OUR THOUGHTS AND PRAYERS

THOSE STRUGGLING WITH ILLNESS, PAIN, LOSS OF HEALTH IN MIND, BODY, AND SPIRIT: Kyle Smith, Paul Kragh, Monte and Dora James, Ollie DeMuth, Megan Schiller, Ann Woelfel, Duane and Colleen Bonack, Debbie Koslowski, Abby Swanson, and Rick Gensler Sr.

Our armed forces including David Bredesen, Kaley Ebann, Jamie Madl, Charlie and Will Starke, Nicole Young, Emily Fink, Jared Benter Scott Williams, Nathan and Nick Lamal

ALL THOSE WHO ARE ANXIOUS AND WORRIED ABOUT MANY THINGS

Our Church Ministries:

Congregational Care
Congregation Council
Board of Worship Life
Board of Outreach
Board of Trustees
Marywood Franciscan Spirituality Center

Our partners in the gospel of Jesus Christ including:

St. Theresa's Roman Catholic Church
Three Lakes Evangelical Free Church
Union Congregational Church
Grace Lutheran Church

Our synod, the Northern Great Lakes Synod of the ELCA, and its congregations.

Our companion synod, the Eastern and Coastal Diocese of the Evangelical Lutheran Church in Tanzania, and its congregations.



STEWARDSHIP CALENDARS

October 2022

	10/2/22	10/9/22	10/16/22	10/23/22	10/30/22
Lay Reader	Robin Peterson	Gretchen Dobbins	Phoebe Pettingell	Jan Lederhaus	Marge Anderson
Greeters	-	-	-		Marge Anderson
Music	Rhonda Buss	Rhonda Buss	Rhonda Buss	Rhonda Buss	Rhonda Buss
Video-streaming	Dillon Ford	Linda Swanson	Dillon Ford	Linda Swanson	Dillon Ford



** If you cannot serve on your assigned day, please find a replacement, then notify the church office. **

November 2022

	11/6/22	11/13/22	11/20/22	11/27/22
Lay Reader	Robin Peterson	Gretchen Dobbins	Phoebe Pettingell	Jan Lederhaus
Greeters	-	-	-	-
Music	Rhonda Buss	Rhonda Buss	Rhonda Buss	Rhonda Buss
Video-streaming	Dillon Ford	Linda Swanson	Dillon Ford	Linda Swanson

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November 2022

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
		1 All Saints Day 	2 12:30 pm Quilting	3	4 Office Closed	5
6 9:00 am Holy Communion	7	8 1:00 pm Council Meeting	9 12:30 pm Quilting	10	11 Office Closed	12
13 9:00 am Holy Communion	14	15	16 12:30 pm Quilting	17	18 Office Closed	19
16 9:00 am Holy Communion	17	18	19 12:30 pm Quilting	20	21 Office Closed	22
20 9:00 am Holy Communion	21	22	23 12:30 pm Quilting	24 Thanksgiving 	25 Office Closed	26
27 9:00 am Holy Communion	28	29	30 12:30 pm Quilting			

Faith Lutheran Church
P.O. Box 436
Three Lakes, WI 54562

FAITH LUTHERAN CHURCH

A member of the Northern Great Lakes Synod
of the Evangelical Lutheran Church of America

P.O. Box 436
6995 U.S. Highway 45 South
Three Lakes, WI 54562

Church Office: 715-546-2770

Pastor Catie's Office Hours: 9:30 am – 12:30 pm
Monday – Thursday

Office Hours: 9:00 am – 1:00 pm
Tuesday – Thursday

WEEKLY WORSHIP

Sunday Morning – 9:00 am
Holy Communion

STAFF

Office Administrator: MaryBeth Koslowski
office6995@gmail.com

Pastor: Reverend Catie Ford
pastorcatieford@gmail.com
Work Phone: 715-600-3980

Organist: Rhonda Buss

VISIT US ON THE WEB

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