



Helen Keller

Born in Tuscumbia, Alabama, USA, in 1880, Helen Keller developed a fever at 18 months of age that left her blind and deaf.

With the help of an exceptional teacher, Anne Mansfield Sullivan of the Perkins School for the Blind, Helen Keller learned sign language and braille. A few years later, she learned to speak. As an adult she became a tireless advocate for people with disabilities. And in 1925, she attended the

Lions Clubs International Convention and challenged Lions to become "knights of the blind in the crusade against darkness."

The Lions accepted her challenge and our work ever since has included [sight programs](#) aimed at preventable blindness.

Helen Keller Day

In 1971, the Board of Directors of Lions Clubs International declared that June 1 would be remembered as Helen Keller Day. Lions around the world implement sight-related service projects on Helen Keller Day.

Helen Keller's Speech at 1925 International Convention Cedar Point, Ohio, USA - June 30, 1925

Dear Lions and Ladies:

I suppose you have heard the legend that represents opportunity as a capricious lady, who knocks at every door but once, and if the door isn't opened quickly, she passes on, never to return. And that is as it should be. Lovely, desirable ladies won't wait. You have to go out and grab 'em.

I am your opportunity. I am knocking at your door. I want to be adopted. The legend doesn't say what you are to do when several beautiful opportunities present themselves at the same door. I guess you have to choose the one you love best. I hope you will adopt me. I am the youngest here, and what I offer you is full of splendid opportunities for service.

The American Foundation for the Blind is only four years old. It grew out of the imperative needs of the blind, and was called into existence by the sightless themselves. It is national and international in scope and in importance. It represents the

best and most enlightened thought on our subject that has been reached so far. Its object is to make the lives of the blind more worthwhile everywhere by increasing their economic value and giving them the joy of normal activity.

Try to imagine how you would feel if you were suddenly stricken blind today. Picture yourself stumbling and groping at noonday as in the night; your work, your independence, gone. In that dark world wouldn't you be glad if a friend took you by the hand and said, "Come with me and I will teach you how to do some of the things you used to do when you could see?" That is just the kind of friend the American Foundation is going to be to all the blind in this country if seeing people will give it the support it must have.

You have heard how through a little word dropped from the fingers of another, a ray of light from another soul touched the darkness of my mind and I found myself, found the world, found God. It is because my teacher learned about me and broke through the dark, silent imprisonment which held me that I am able to work for myself and for others. It is the caring we want more than money. The gift without the sympathy and interest of the giver is empty. If you care, if we can make the people of this great country care, the blind will indeed triumph over blindness.

The opportunity I bring to you, Lions, is this: To foster and sponsor the work of the American Foundation for the Blind. Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?

I thank you.